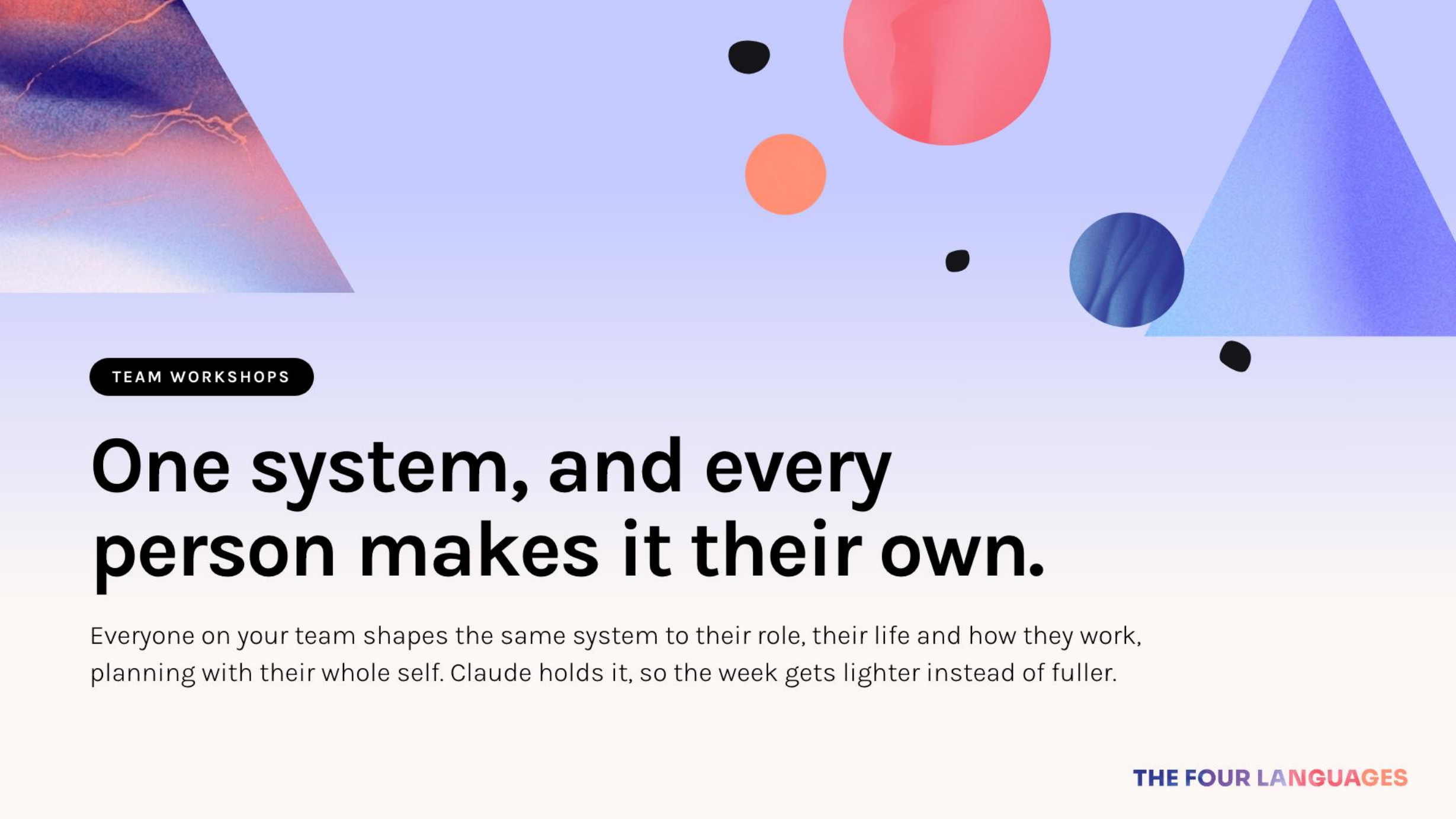




TEAM WORKSHOPS

One system, and every person makes it their own.

Everyone on your team shapes the same system to their role, their life and how they work, planning with their whole self. Claude holds it, so the week gets lighter instead of fuller.

THE FOUR LANGUAGES

NOT YOUR TYPICAL AI TRAINING

Everyone has Claude open. Almost nobody is better for it.

WHERE IT IS NOW

Claude arrived as one more thing to keep on top of. People use it because they are supposed to, on a plate that was already full, and Friday lands exactly as heavy as it did before.

WHAT WE TEACH INSTEAD

Every session starts from a person's own week rather than from the software. Each one learns how their own work goes, builds something that holds it, and sees the week back in front of them. Claude carries what used to live in their head, and the overwhelm comes down with it.

01



Your Root File

The system everyone shares,
written in their own words.

Everyone gets handed the same blank chat window and is expected to know what to do with it. This is where each person writes down how they work, once.

- Their role, their standards, and what a good day looks like for them. Written in the session, by them.
- Claude reads it at the start of every session after that, so nobody explains themselves twice to something that begins from nothing.
- **The training:** what to hand over, what to keep, and how to tell when an answer is wrong.

02

✨ Your Memory

What was decided, and what was learned, kept where the work can reach it.

What a person knows about their own work stops living in their head. It sits in one place, and Claude reads it before anyone starts.

- A workspace of their own, holding the files their work runs on, so the context is there before they ask for it.
- Decisions kept as files, rather than lost at the bottom of a thread nobody can find again in March.
- **The training:** what belongs in memory, and how to ask for something written six weeks ago and get it back.

03 ❤️ Your Rhythm

The routines that hold a day together, including the ones that run on a schedule without anyone starting them.

- A morning that sets the day up and an evening that closes it, shaped around how that person works.
- The weekly review, and anything that should not depend on somebody remembering, put on a schedule so it arrives already done.
- **The training:** how to change a routine that stopped fitting, instead of quietly abandoning it three weeks later.

The day gets a shape, so it stops being decided by whoever emails first.



04 🦵 Your Dashboard

Where the week actually went, on one screen, by kind of work.
This is the loop that makes the next week different from this one.

- It comes fourth on purpose. The rhythm has been running by then, so they open a screen with their own weeks already on it.
- On their own machine, with no account and nothing leaving it. It is theirs to look at, which is what keeps it honest.
- **The training:** reading it without grading yourself, and what to change when it shows you something you did not expect.



Each of them leaves
knowing how their own
work goes, and what to
change about next week.

That is where the overwhelm goes down.



A kick-off, four sessions, and a close.

Each session ends with something running that was being done by hand before.

Cowork or Claude Code, chosen person by person at the kick-off. Same app, same seat, so switching later costs nothing.

Kick-off

WITH THE MANAGEMENT TEAM

What these teams do all day, what is already working, and which people we start with.

The close

ONE SESSION AFTER

What stuck, what did not, and what to build next. Held once people have used it for real.

The four sessions

TWO HOURS EACH

Run weekly, or across four days in one week. Up to 10 people, because above that nobody gets looked at.



A channel open from the kick-off to the close, running under the whole thing, so the question that comes up on day three gets answered on day three.

THE FOUR LANGUAGES

What it costs.

Your Root File

Where the basics get installed. Two hours, one file each, and the training to use it. Always first.

ONLINE
€1,500

IN PERSON
€2,500

Each session after it

Memory, rhythm or the dashboard, taken singly or in any order, on top of the Root File.

ONLINE
€1,200

IN PERSON
€2,000

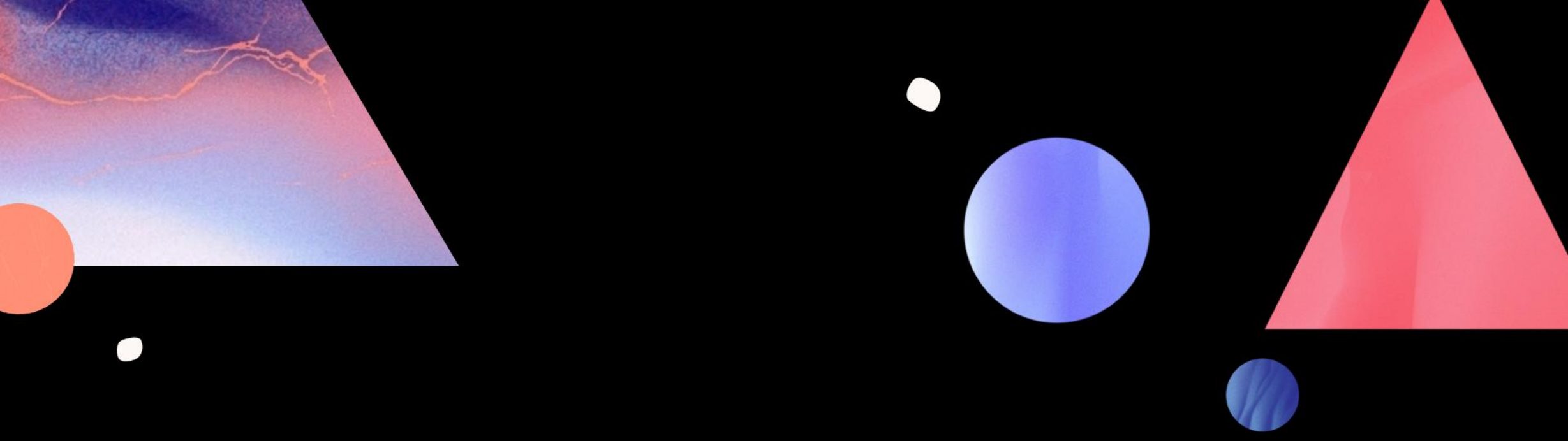
All four together

Kick-off, four sessions, the close, Slack throughout, and the strategy conversation.

ONLINE
€4,500

IN PERSON
€7,000

Every price is for a group of up to 10, excluding VAT. Taken one at a time the four come to €5,100 online and €8,500 in person. **Up to 5 people, the size of a Claude Team plan, is €200 less per session.** Everything each person builds is theirs, along with the skills and templates installed in the sessions.



Start with a call.

We work out which of the four your team needs and how to run them, and you decide from there. Nothing is booked on that call.